

Dr. K. A. Dawson, Ph.D.
Registered Psychologist (CPBC #1566)

Client Consent Form

The following information will help you better understand your rights and responsibilities as a client. By completing the personal information and signing after the information provided below, you acknowledge that you have read, understood, and consent to the following. If you prefer not to sign, this is fine. I am open to any questions or comments you may have.

Personal Information

Name: _____ Birth date: _____
Street Address: _____
City: _____ Province: _____
Postal Code: _____
Phone: _____ Other phone: _____
Email: _____
Emergency contact name: _____
Relationship (to emerg contact): _____
Emergency contact phone: _____
Physician's name: _____

Confidentiality - Your written consent is required before any information is released to a third-party and you may request copies of any information released to a third-party.

Limits to Confidentiality:

If there is reason to believe that:

- a. anyone under the age of 19 years needs protection from abuse (physical, sexual or emotional) or neglect, or
- b. you present an imminent danger (involving serious bodily harm or death) to yourself or others, or
- c. you have made a formal complaint regarding services you received from a psychologist to the College of Psychologists of BC (www.cpbc.ca), or
- d. when the law requires the release of your confidential information,

then your psychologist is legally and ethically obligated to disclose your personal information to the appropriate authorities.

Other situations may require release of information about you. These situations are as follows:

- (a) It may be necessary to advise your physician that you are receiving psychological services;
- (b) If you are engaging in therapy with your partner, and your partner wishes to obtain information about you from Dr. Dawson, you will be asked for your consent to share information with your partner;

- (c) If you are being serviced under a referral from ICBC, WCB, or other third-party payer, representatives of the company that referred you may require detailed reports about your assessment or therapy;
- (d) Telehealth services (including phone, email, online questionnaires, or video communications) may be provided if they are agreed to by you before-hand between you and myself. Your provision of your email indicates your consent to the use of your email to communicate directly with you and to provide resources you may choose to use. Like other modes of communication, the security of online services is limited by the available technology.
- (e) Research conducted using information you input into online questionnaires issued by Dawson Psychological Services will not identify you personally.
- (f) If you require me to release information about you to anyone, please discuss this with Dr. Dawson.

Approach to services

Dr. Dawson is trained and experienced in intellectual assessment and cognitive-behavioural therapy. Among his interests are personal growth and relationship difficulties. His approach takes the form of questioning, collaborating, educating, and tailoring the experience of assessment and therapy to your unique needs.

Risks and Benefits of Psychological Assessment and Treatment

Benefits

Psychological services can help a person to:

- a. develop new skills,
- b. change behaviour patterns,
- c. improve the ability to cope with stress and difficult situations, and,
- d. increase understanding of self and others.

As your therapist, I'm proud to offer resources - in addition to our face-to-face sessions - that you can access between our appointments. I can make these resources available upon request. For example, these added benefits include resources which can help you assess how you are coping. If you have provided your email address, information about additional resources may be sent to your inbox.

Risks

The following are risks of psychological services:

- a. no guarantee of success,
- b. uncomfortable thoughts and feelings may be evoked or may lead to the recall of troubling memories,
- c. it may not be possible to inform you about all the specifics of the services before beginning to provide services, and
- d. the security of psychological services provided online is limited by the available technology.

These risks make it very important to promptly mention any distressing feelings, thoughts, concerns, or questions that may arise for you. I will make all reasonable efforts to answer your questions about the services to be provided.

Right to Refuse Service - Unless ordered by the court, psychological services are voluntary. You have a right to refuse service initially, you may refuse any suggestions made by the psychologist, you may terminate service at any time for any reason, and there are no consequences for either refusing or terminating service. If you have concerns or are unsatisfied with service your psychologist provides, please let him know. However, you are under no obligation to do so. Your psychologist is available to discuss the pros and cons of options or alternative services that may better address your concerns. If you believe the psychologist has acted unethically or unprofessionally, you may lodge a formal complaint with the College of Psychologists of British Columbia (www.cpbc.ca).

Fees

Unless arranged otherwise, Dr. Dawson's services are billed to private payors at \$150 per hour for the first session and \$180 for subsequent appointments. Time spent in session is only one source of fees. Fees are also charged for time spent:

- a. writing letters or reports, or
- b. consulting with others on your behalf.

Unless fees have been previously arranged on your behalf, you agree to pay for all psychological services provided at the hourly rate quoted here. [Note: Fees paid for psychological services are eligible for the medical expense deduction on income tax returns].

If you have arranged for a third-party to pay for your psychological services and if the third-party payment does not match my fee, you may be asked to pay the difference. If the specified third-party refuses or neglects to pay (for whatever reason), then you can be billed for services unpaid. In the event that a third-party agency is enlisted to collect an overdue balance, a collection fee may be added to the outstanding balance.

Postponement or cancellation

There is no charge for appointments cancelled with 24 hours notice. To do so, you may call me directly at 778-484-5525 or 250-899-1794, or leave a message at either number after-hours. You will not be charged for appointments missed due to urgent medical situations. In the event of a late cancellation (less than 24 hours notice) or a missed appointment, the first one is a "freebie" and you will not be charged. However, any subsequent occurrence will be billed at 50% of the usual fee.* The goal of this policy is to strike a reasonable balance between human error and accountability.

*[Note - most third party insurance does not cover a late cancellation or a missed appointment, therefore you may be charged for this expenditure].

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Consent

I, _____ [print name(s)],
hereby acknowledge that I have read, understood, and consent to all the
information and actions described in this document. I have had sufficient time
to consider its contents and to ask any questions about it.

I understand that I am giving consent to psychological services [check any that
apply]:

☐ for myself only
☐ for myself to accompany my partner

This consent commences on the date of signature indicated below.
This consent does not expire until seven years following the termination of
services to you (or, if you are consenting for your child, seven years after
your child reaches age 19), at which point the file will be destroyed.

Client signature

Date signed

Client signature

Date signed

Dr. K. A. Dawson, Ph.D.
Registered Psychologist (CPBC #1566)

Date signed